Provincial Development Program Committee Meeting MEETING MINUTES Wednesday September 7, 2022 8:00 PM

Present (Zoom): Karin (minutes), Richard, Andrew, Pauline, Alex, Megan

Regrets: Ihor, Jennie, Elise, Mia, Raphaël

1. Approve minutes from last meeting – **MOTION**: to approve the minutes from July 13, 2022. Richard. 2<sup>nd</sup> Alex. All in favour. Passed

## 2. 2022-2023 PDP

- 2022-2023 Committee parent rep. ACTION: Karin to send email to CURRENT registered parents.
- 2022-2023 Team Trips:
  - CWG Selections Dec 17-18 Location TBD (snow conditions). Backup date(s): Dec 28-29
  - Early Snow/Race Camp Sovereign Lake Nov 25-Dec 5
  - Trials Prince George Jan 18-21
  - Westerns Kimberley Feb 1-6
  - Nationals Thunder Bay Mar 9-18
  - CWG PEI Feb 27-Mar 5

# 3. Nordiq Canada Committee updates

- Domestic Development (Pauline) no update
- CAD Coordinators (Pauline) Safe Sport e-learning module mandatory for all coaches, CWG Coaches only 1 Certified Comp Dev now required (not all coaches), Ski Playground materials coming, Adult instructional programming
- Athlete Advisory (Raph) no update

#### 4. Events

- Local development On Snow day in December with coaches not at Early Snow Camp
- Fall camp Oct 14-16 Winnipeg
- Rollerski TT (BHP) Aug 13, 24 went well, waiting for bill from Nordig Canada for fleet skis

# 5. Athlete Development

- Sport MB strength training program update.
- Mental Skills with Paige Z. Start in August.
- Sport MB Hone program. We'll know more next week when we meet.
- Nova Biomedical Lactate Plus testing kit do we want/need? Let's consult with Stephen N in Oct.
- 6. Equipment & Waxing **ACTION**: Andrew to research team radios for purchasing
- 7. Coach Development
- 8. New Business
  - Stakeholder meeting Richard/Pauline/Karin met with Carolyn Trono today
  - ACTION: Karin to purchase Nordig Canada socks

## 9. PRIOR ACTION ITEMS:

- Establish clear and reasonable young athletes "racing up" guidelines (Nationals, Canada Games considerations etc.) – ALL
- 10. Next meeting: Wed October 5<sup>th</sup>, 2022 Karin will be out of the country, meet before or after, TBD!

Adjourned: 9:30 PM