

Thank you to amazing volunteers: Eidse Family, Weselake Family, Darcy Beer (ski patrol), Freddy V, Jim Munro, Ken Bell

Geoff Gibson, Irene Blank, Kenton Frith/RRN, Karin M, George L, Levi Warkentine, Mike Madsen, and spectators who helped control the friendly dog

Conditions: Air Temp -9 Celsius, Snow Temp -13 Celsius, little wind, firm skate track

January 14, 2023 Skate Technique

Birch Open 2023 - 10K

NUMBER	Name	Gender	Club	Age Category	Time
48	William Vanden Berg	M	Boundary Trails Nordic	U18 (Female/Male)	0:24:50
43	Hezekiah Hoepfner	M	Boundary Trails Nordic	U18 (Female/Male)	0:25:32
42	Levi Warkentine	M	Boundary Trails Nordic	Senior	0:26:01
20	Joel Peltz	M	Team Windchill	Masters 1 (10 km)	0:26:03
26	Joel Vanden Berg	M	Boundary Trails Nordic	Masters 3 (10 km)	0:27:13
46	Isaiah VandenBerg	M	Boundary Trails Nordic	U18 (Female/Male)	0:27:14
21	Ben Gustafson	M		Masters 1 (10 km)	0:28:21
52	Ben Wiens	M	Boundary Trails Nordic	U20 (Female/Male)	0:28:26
41	Mattias Klassen	M	Boundary Trails Nordic	Senior	0:28:52
53	Soren Weselake	M	Ski Birch	U18 (Female/Male)	0:29:02
47	Mia Sawatsky	F	Boundary Trails Nordic	U18 (Female/Male)	0:29:14
32	Andrew Vanden Berg	M	Boundary Trails Nordic	Masters 4 (10 km)	0:30:29
44	Don-Han Lau	M	Downtown Nordic	U18 (Female/Male)	0:31:20
39	Kirk Karlowsky	M	Ski Birch Cross County	Masters 7 (10 km)	0:32:34
40	Neil Ferguson	M	Downtown Nordic	Masters 8 (10 km)	0:32:52
49	Naomi Wiens	F	Boundary Trails Nordic	U18 (Female/Male)	0:33:23
37	Rick Wiens	M		Masters 5 (10 km)	0:33:39
45	Hannah Wintoniw	F	Downtown Nordic	U18 (Female/Male)	0:35:35
29	Andy Majewski	M	Downtown Nordic	Masters 4 (10 km)	0:35:49
36	Yan Lau	M	Downtown Nordic	Masters 5 (10 km)	0:37:41
25	Crystal Vilks	F	WindChill/Downtown Nordic	Masters 3 (10 km)	0:37:53
33	Gavin Faurischou	M	Boundary Trails Nordic	Masters 4 (10 km)	0:37:54
38	Kenton Frith	M	Red River Nordic	Masters 6 (10 km)	0:38:44
27	Cheryl Koop	F	Boundary Trails Nordic	Masters 3 (10 km)	0:39:54
31	Zou Zou Kuzyk	F	Red River Nordic	Masters 4 (10 km)	0:44:06
51	Sarah Kagan	F	Boundary Trails Nordic	U18 (Female/Male)	0:51:41
68	Mike Hoepfner	M	Boundary Trails Nordic	Masters 4 (10 km)	Broken Binding - would have won otherwise

Birch Open 2023 - 5K

NUMBER	Name	Gender	Club	Age Category	Time
30	Gideon Hoepfner	M	Boundary Trails Nordic	U16 (Boys/Girls)	0:13:05
74	William Wintoniw	M	Downtown Nordic	U16 (Boys/Girls)	0:14:35
70	Kate Sawatsky	F	Boundary Trails Nordic	U16 (Boys/Girls)	0:14:52
73	Nelson Faurischou	M	Boundary Trails Nordic	U16 (Boys/Girls)	0:15:28
66	Jillian Thiessen	F	Boundary Trails Nordic	U16 (Boys/Girls)	0:16:40
69	Ronan Lamont	M	Red River Nordic	U16 (Boys/Girls)	0:16:44
50	Sarah Madsen	F	Red River Nordic	U18 (Female/Male)	0:17:52
65	Paul Wiens	M	Boundary Trails Nordic	U14 (Boys/Girls)	0:18:19
75	Anika Wiens	F	Boundary Trails Nordic	U16 (Boys/Girls)	0:19:42
72	Jessica Kagan	F	Boundary Trails Nordic	U16 (Boys/Girls)	0:20:29
71	Sebastian Mcmanus	M	Downtown Nordic	U16 (Boys/Girls)	0:20:37
67	Amelia Uhmman	F	Red River Nordic	U16 (Boys/Girls)	0:20:46
63	Dechen Guenther	F	Turtle Mountain Nordic Club	U14 (Boys/Girls)	0:21:13
62	Sarathy Raghavendran	M	Red River Nordic	U14 (Boys/Girls)	0:21:37
64	Nicholas Nazar	M	Red River Nordic	U14 (Boys/Girls)	0:21:54
61	Eric Yarnell	M	Red River Nordic	U14 (Boys/Girls)	0:21:55
60	Luke Stow	M	Red River Nordic	U14 (Boys/Girls)	0:21:56
22	Ali Crandall	F		Masters 1 (10 km)	0:24:24

Birch Open 2023 - 1.5K

NUMBER	Name	Gender	Club	Age Category	Time
1	Rosalynn Hoepfner	F	Boundary Trails Nordic	U10	Fast & Happy
2	Trixie Stow	F	Red River Nordic	U10	Fast & Happy
3	Josh Wiens	M	Boundary Trails Nordic	U10	Fast & Happy

Birch Open 2023 - 3K

NUMBER	Name	Gender	Club	Age Category	Time
10	Logan Wintoniw	M	Downtown Nordic	U12	19:02
11	James Wiens	M	Boundary Trails Nordic	U12	16:03