Provincial Development Program Committee Meeting MEETING MINUTES
Thursday October 14, 2021

## **Zoom Meeting**

Present: Karin (minutes), Richard, Andrew, Mia, Elise, Pauline, Ihor, Julie, Steven W

Regrets: Tamara, Megan, Raphaël, Jennie

Called to order: 8:02 PM

1. Approve minutes from last meeting – **Motion**: to approve the minutes from September 13th 10<sup>th</sup>. Ihor, 2<sup>nd</sup> Andrew, All in favour, Passed

### 2. 2021-2022 PDP

- Nordig Canada Domestic Development Committee update (Pauline)
  - Online coaching workshops are supposed to start soon?
  - Pauline meeting with Thunder Bay coach (Victor W) to discuss problem with small provinces not being served by national event calendar.
- Early Snow Camp we have a credit for Vernon accommodations. Nov 24<sup>th</sup> Dec 5<sup>th</sup>. Do we drive instead of fly? **ACTION**: Pauline to strike a training camp sub-committee to start a plan.
- Immunization requirement all registered PDP athletes (12+) and coaches must be fully immunized. Image/pdf of QR code to be sent to Karin. ACTION: Karin to send email to PDP athletes ASAP.
- 2021-2022 Team Trips
  - Early Snow camp Vernon Nov 24<sup>th</sup> Dec 5<sup>th</sup> TBC
  - O Cup Thunder Bay Jan 28<sup>th</sup> 30<sup>th</sup>
  - Minnesota (Wirth Park) CXC MWD Finals Feb 20<sup>th</sup> 21<sup>st</sup>
  - Nationals Mar 20<sup>th</sup> 27<sup>th</sup> Whistler
  - Mar 5<sup>th</sup> 6<sup>th</sup> CXC Youth Championships Duluth. This could be CLUB COORDINATED.

## 3. Events

• Fall camp debrief – another successful camp – 38 athletes (11 to 19 years), 10 coaches. Great to see the interest alive and well and several new athletes and coaches at their first PDP training camp. Thanks to RRN for the fleet of rollerskis.

# 4. Athlete Development

- Pauline and Karin met last month with Kylo Harris (Sport MB) to discuss our athlete development needs, how to bridge gaps etc.
- **ACTION**: Karin to find out about SMB strength training virtual delivery and in person visits in central locations (eg. would SMB pay for gym rental in Winkler/Morden once per month).

# 5. Equipment & Waxing

- No Fisher equipment available. ACTION: Steven to send equipment list to Karin to find out if Rossignol equipment is available.
- We should encourage athletes to protect lungs with more than just a Buff in cold temps eg. AirTrim mask. Also they should purchase Rode non fluoro wax for travelling. Steven has drafted a memo. **ACTION**: Steven to revise draft memo and send to Karin for distribution.

#### 6. Coach Development

Stephen Novosad visit – Megan and Stephen to coordinate a winter visit (on snow).

#### 7. New Business

#### 8. Action Items:

- Pauline to strike a training camp sub-committee to start a plan ASAP. PAULINE
- Send email to PDP athletes re: immunization requirement ASAP. KARIN

- Send equipment list to Karin to find out if Rossignol equipment is available. STEVEN
- Revise draft memo regarding AirTrim mask & Rode wax. STEVEN
- Connect with Kylo Harris re: virtual strength training for rural athletes. KARIN
- Coach Agreement, Travel Policy, Screening Policy KARIN

9. Next meeting: Wednesday Nov 3th, 2021 8:00 PM

Adjourned: 9:40 PM