

Provincial Development Committee

End of Season Meeting

April 7, 2018

Present: Megan Carter, Betsy Lockhart, Jackie Hummelbrunner, Tamara B, Pauline Nadlersmith, Richard Huybers, Casey Nelson, Lorne Warkentine. Regrets: Karin McSherry, Lukas Smith.

Call to Order 2:50pm Megan Carter

Past Minutes read by Megan

No questions

M/S Richard/Betsy

1) Committee Members Renewal

- a. All members present willing to stay on for another year. Lukas will stay on until a new male athlete rep is in place.  
Female athlete rep, Casey Nelson stays on for next year.
- b. Discussion regarding getting a new male athlete rep and how to prevent it from being a popularity contest. Agreed that we will be calling for eligible PDP males who are interested in the position with an athlete web vote to follow after the spring training camp.  
Athlete must be in good standing with a CCSAM club and has been travelling with Team MB.

**Action: Need to send out request for nominees.**

**Megan/Pauline**

2) New Committee Position

- a. Discussion about adding Steve Wintoniw to the PDP committee as a 'sit in member' so that the wax tech is better informed regard PDP competitions and to eliminate communication gaps.  
Discussion turned to whether we should try to increase club representation in the committee to reflect the changing PDP athlete demographics.

**Motion: PDP committee will request a coach rep from each CCSAM club with PDP registered athletes.**

**M/S Betsy/Megan**

**Action: Send invitation to Assiniboine and Downtown Nordic clubs for coach reps.**

**Pauline/Megan**

3) Season Debrief

- a. Early Snow Camp (Sovereign Lakes)
  - good venue
  - 8 athletes 2 support a bit tight considering they also had multiple races.
  - Need to communicate more clearly which athletes should be/could be going to the early snow camp, presently they need to have travelled the previous season and this may leave out certain athletes who are improving quickly.
- b. Christmas Camp
  - Did not occur due to the lack of snow. We need to get on this file earlier.
- c. Easterns
  - Accommodations closer to the race venue which made travel schedule easier.
  - Common space was very good for team dynamics.

- There was a small mouse issue...some brought on by poor clean-up/food storage in the boys sleeping area.

d. Westerns - no specific comments

e. Nationals

-Team spirit esp. with our girl's team was good. Girls team unity very high, American racer Kaitlyn Gregg noticed and complimented the MB girls about their great team spirit.

-Issue regarding driving on the lake ice road with the host couple was addressed with the athletes including email correspondence with parents.

-Extra team support help from Lorne and Betsy worked out well....gave more coaches the 'Nationals' experience and assisted Steven in the wax dept.

-Accommodations were good although we could use more sleeping space for the size of team we had.

-Great venue for competition with challenging terrain and wide trails with good waxing facilities and wax testing areas.

Steve Scoles did an excellent job in providing online race commentary.

#### 4) Next Season

a. Spring Camp Idea:

Adventure camp at Luther Village? June 22-24?

b. Thunder Bay Roller Ski Camp

-We should be encouraging our more advanced athletes to attend. Date for this summer's camp not yet known, generally in July.

c. Fall Camp

-Kenora willing to host but would not have roller skiing

-There is a possibility that Jesse Cockney would be available

Discussion about the possibility of holding roller ski time trials and to use this as a Canada Games qualifier. The fairness of using roller skiing which is quite different from snow was discussed. Suggestion that if we are that desperate for snow early in the season we have other options including: early snow camp, travelling north...Flin Flon has a very good venue and generally has early snow.

#### 5)Next Meeting

Items: Code of conduct – reviewed via email and approved May 18 Committee conference call

Travel amendment - reviewed via email and approved May 18 Committee conference call

Next meeting May-June email poll will be sent.

Provincial Development Program Committee meeting minutes

Thu Nov 16, 2017

19:15 Sport For Life Centre

Present: Karin McSherry (minutes), Megan Carter, Lucas Smith, Casey Nelson, Richard Huybers

Conference Call: Tamara Howard, Richard Huybers, Pauline Nadlersmith, Betsy Lockhart

Regrets: Lorne Warkentine

1. Reviewed Oct minutes
2. Welcomed Casey & Lucas & Jackie
3. Prov Team Suit issue. How to better communicate?
4. PDP document reviewed. **ACTION:** Karin to complete updates and distribute for final review.
5. Terms of Reference document reviewed. **ACTION:** Karin to distribute updated document for final review. **ACTION:** Review this committee's mandate to develop coaches.
6. Early Snow Camp – all arrangements made. Pauline & Steve (Wintoniw) are leading.
7. Athlete Code of Conduct review. **ACTION:** Sub-committee of Pauline, Megan, Betsy, Jackie, Lucas & Casey will review the draft document that Megan/Pauline have created. Deadline for final document Jan 1<sup>st</sup>.
8. December Training Day – Sport Psych session needs specific topic.
9. Next meeting – December 16<sup>th</sup> (Training Day)

Adjournment 21:45

High Performance Committee meeting  
 Sat Apr 8, 2017  
 13:00 Sport For Life Centre

Present: Karin McSherry (minutes), Megan Carter, Conor McGovern, Pauline Nadlersmith, Lorne Warkentine (14:00)

Regrets: Richard Huybers, Steven Wiebe, Tamara Howard, Betsy Lockhart.

1. Nationals debrief

- Generally went smoothly despite worries of wide range of age/readiness. No illness!
- Need to address issues of University athletes with different race schedules / two teams / social aspect (older, friends are on the University team not the MB team) etc. Need to clarify position/expectations on MB team when selected to MB team.
- Steven developing as a very competent & confident wax tech.
- What to do different – base team size on known/booked accommodations. 2018 booked in Canmore already.
- Conor's MB Cup points document helpful and relevant. Let's keep it up.
- **ACTION:** Discuss gender equality regarding team selection

2. 2018 Events

- Westerns Jan 19-21 – Red Deer – test event for Canada Games – 10 athletes, 3 staff
- Easterns Feb 2-4 – Nakkertok – 13 athletes, 5 staff
- Nationals Mar 10-17 – Thunder Bay – 10 athletes, 3 staff
- Fall camp – if Canmore then coincide with AB #1/#2 or if Sovereign Lake then coincide with BC Cup – so late Nov or early Dec – **ACTION:** Discuss at next meeting
- Spring/Summer dryland camp – May 26-28, 2017. With Tim Wintoniw if available or another guest coach.
- Fall camp dryland date – Sep 22-24 or Sep 29-Oct 1. With Lisa?

3. Budget & Funding

- **ACTION:** Need clarify funding support to older athletes who leave the province. Medal bonuses
- **ACTION:** Increase wax surcharge to \$30/race

**ACTION ITEMS:**

DATE	ACTION	WHO	COMPLETED	NOTES
DEC 2015	At end of this season, create improved criteria for 2016 Early Snow Camp based on lessons learned this year. Add to May or June agenda.	HPC	NO	Add to Sep or Oct agenda?
FEB 2016	Add Communication Process to HP doc (questions/concerns from members)	KARIN	NO	
APR 2016	Various edits to TOR – year, voting, parent rep, terms	KARIN	NO	
APR 2016	Check on past results for medal	CONOR	NO	Conor report to Karin. List of

	bonus confirmation			athletes eligible for medal bonuses since 20xx
MAY 2016	Consider how best to utilize Team MB funding	HPC	NO	ongoing
APRIL 2017	Decide Fall camp date and location	HPC		Add to next meeting
APRIL 2017	Discuss gender equality regarding team selection	HPC		Add to next meeting
APRIL 2017	Increase wax surcharge to \$30/race	KARIN		Add to 2017-18 HP document
APRIL 2017	Need to clarify funding support to older athletes who leave the province. Medal bonuses e.g.	HPC		
APRIL 2017	Review MB points system	CONOR & MEGAN		
APRIL 2017	Investigate S&C program	HPC		
APRIL 2017	Provincial team Pros & Cons	HPC		

Adjourned

HIGH PERFORMANCE COMMITTEE MEETING MINUTES  
Sept 26, 2017 8:00 PM

Conference call participants:

Megan Carter (chair), Pauline Nadlersmith, Lorne Warkentine, Tamara Bachinsky,  
Richard Huybers

Regrets: Betsy Lockhart, Karin McSherry

Note: Parent rep and athlete rep positions currently empty

Athlete rep position to be voted on at HP camp this coming weekend Sept 30-Oct 1

Parent rep: interest to be solicited by email (Megan) and sent to parents of all currently registered HP athletes. Must be parent of an athlete who has been part of the HP program for at least 1 season. Interested applicants to be reviewed at next HP meeting in October and selection to be agreed upon by committee.

1) Minutes of April 2017 reviewed and accepted. It was noted that minutes need to be updated on the CCSAM website. It was also noted that our "Terms of Reference" are hard to find on the CCSAM website because they are buried in with HP meeting minutes.

2) General agreement that "Provincial coach and athlete development program" better reflects the intention of the HP program. Change to be made in document.

3) 2017-2018 HP supported trips:

Updates to be made to HP document

Westerns - Red Deer AB

- Travel dates Jan 17-21, competition dates Jan 19-21
- Accommodation booked (Pauline) - 12 beds plus couches
- Event is intended as a test event for potential CWG cross country athletes and support staff
- Expression of interest for Westerns should also include an expression of intent to try for a spot on the CWG cross country ski team
- Team size up to 10, up to 4 support staff
- At least 4 of each gender
- Athlete age to correspond with CWG eligible birth years
- Selection races: 2017 Turte Mountain provincials ( skate and classic results in category); Dec 17 MB Cup Windsor Park Grand Prix (SK)
- All other descriptors for selection as per existing HP document

Easterns - Ottawa / Nakkertok

- Travel dates Jan 31-Feb 5; competition dates Feb 2-4
- Accommodation booked (Pauline) - 16 beds plus couches
- Team size up to 14 athletes, up to 5 support

- Selection races: 2017 Turte Mountain provincials (skate and classic results in category); Dec 17 MB Cup Windsor Park Grand Prix (SK); classic portion of MB Cup Kenora skiathlon Jan 13 2018
- All other descriptors for selection as per existing HP document

#### Nationals - Thunder Bay ON

- Travel dates March 7-18, competition dates March 10-17 2018
- Accommodation arranged (Pauline) - 3 houses close to Lappe
- Team size up to 12 athletes, up to 3 support
- Selection races as per Easterns and Westerns
- Add statement to indicate midgets will not be eligible
- All other descriptors for selection as per existing HP document

General selection discussion: should we run a Prov Dev Program Time Trial in December or over the holidays? This would help with team selection. Decision made not to have TT as athletes wishing to travel to Westerns would be those with a good portfolio of results from past season.

4) Expression of interest for support staff to travel to HP trips - we need selection of CWG support staff as this will impact which trips would be preferred for this season. Follow up with Karin to find out timing of CWG selection.

5) Early snow camp - support received to have camp at Silverstar this year. Pauline able to travel. Steve Wintoniw considering.

- Dates will be Dec 2 or 3 - Dec 10 ; team will fly
- Team selection to be based on past results; out of province results spreadsheet of percent behind winner (only those previously selected to HP trips are eligible)
- Up to 8 athletes and 2 support

6) December on snow camp - intended for all in Provincial Development Program

- Windsor Park Saturday December 16, as athletes in for Grand Prix race that weekend
- Consider breaking into groups and possibly using another location for younger athletes. Ihor Barwinsky's name came up as a possible organizer / host to approach for young group (L2T age).

7) Canada Games - discussion around whether there should be guidance / policy / recommendations for athletes who might wish to consider racing on both the cross country and biathlon teams.

HPC feels that we should offer a "strong recommendation" that athletes should not race in both weeks of competition at the Canada Winter Games. Wording to be determined. Bring this forward to next meeting.

Items to bring forward to next meeting:

- Review and selection of applicants for parent rep position on HP committee

- Define : what does it mean to travel with Manitoba team to out of province events? For athletes out of province who decide to apply for a spot on a travelling team.
- Provincial team clothing? Toques / buffs ?

Next meeting to be end of October. Megan to send Doodle Poll.

Adjourned 9:30 PM



Provincial Program Committee meeting  
Mon Oct 16, 2017  
20:15 Sport For Life Centre

Present: Karin McSherry (minutes), Megan Carter, Pauline Nadlersmith  
Conference Call: Lorne Warkentine, Tamara Howard, Richard Huybers  
Regrets: Betsy Lockhart

1. Review Sep minutes
2. Casey & Lucas appointed as female/male Athlete Reps
3. Parent Reps – 2 candidates have come forward. Jackie Hummelbrunner appointed.
4. PDP document reviewed. **ACTION:** Karin to complete updates and distribute for final review.
5. Selection Committee
  - 4<sup>th</sup> person added (Andy Dwilow) to ensure 3 members are available for selection decisions. **ACTION:** Karin to amend Terms of Reference
  - CWG Support staff needs to be decided. Selection Committee will meet this week.
6. Terms of Reference – updates needed (Athlete Reps, Selection Committee member). **ACTION:** Karin to update and distribute for review at next meeting.
7. CWG Selection Policy review. Need to add proposed language re: participating in 2 sports. **ACTION:** Karin to amend documents and distribute for review.
8. Early Snow Camp – no selection needed. 8 spots available, 8 athletes expressed interest.
9. Sep Dryland camp review. We need to add Social Media policy and wording to Athlete's code of conduct.
10. Dec 16 PDP Training Day. Potential Psychology session. **ACTION:** Pauline to contact a Sport Psych practitioner she knows.
11. Team Manitoba suit for travelling team members.
12. Other Business – table to next meeting
  - Athlete Code of Conduct – add social media / clothing
  - Training camp expectations
  - Travelling with team expectations

Adjournment 21:20