

High Performance Committee meeting
 Sat Apr 16, 2016
 15:00 Rossmere Country Club

Present: Karin McSherry (minutes), Megan Carter, Pauline Nadlersmith, Conor McGovern, Tamara Howard, Lorne Warkentine, Richard Huybers, Steve Scoles. Visiting: Andy Dwilow
 Regrets: Betsy Lockhart

1. Approve Feb minutes – all in favour. Approved.
2. HPC Terms of Reference (TOR)
 - **ACTION:** Define year as Apr 1 – Mar 31; define majority as 70% agreement, email vote is valid
 - Parent rep may include up to 2 people (1 from inside Wpg, 1 from outside Wpg)
 - Add terms for Parent and Athlete Rep positions – 1 year with option to renew
3. Parent rep
 - Steven Wiebe (Boundary Trails Nordic) voted in as Parent Rep
4. Spring 2016 Camp
 - May 27 – 29 (or weekend before). Doodle poll to be sent out.
 - Location: Riding Mountain
5. Medal Bonus clarification
 - Keep wording as is.
 - **ACTION:** Check on prior year results, have all eligible athletes received their bonuses?
6. Nationals trip debrief
7. Manitoba team Points System discussion

ACTION ITEMS:

DATE	ACTION	WHO	COMPLETED	NOTES
DEC 2015	At end of this season, create improved criteria for 2016 Early Snow Camp based on lessons learned this year. Add to May or June agenda.	HPC		
DEC 2015	Jamie will take over crest distribution and receive payments. Pauline to order 120.	JAMIE & PAULINE	NO	Crests have not been ordered yet. Jamie now retired from Committee.
DEC 2015	Pauline & Karin to work on % behind winner spreadsheet. Will make public (Google drive link) asap.	PAULINE & KARIN	NO	Need to determine process/rationale for publication. Might be replaced with new point system?
FEB 2016	Review Yukon's point system for	PAULINE & CONOR		

	ranking/seeding athletes			
FEB 2016	Develop team trip post event report template	MEGAN	YES	
FEB 2016	Add Communication Process to HP doc (questions/concerns from members)	KARIN		

Next meeting: TBD

Adjourned 17:00

High Performance Committee meeting
Thu Feb 16, 2017
Sport For Life Centre

Conference call: Megan, Karin, Betsy, Pauline, Tamara, Conor, Lorne (Late)

1) Team size for nationals:

- HP document had listed a team size as "up to 10" athletes and 3 support
- It had been brought to the committee's attention just prior to the provincials weekend that our present booking will not accommodate more than 10 comfortably
- adequate space is needed to maximize performance, prevent illness and also because the nationals trip is a long one (10-11 days)
- Pauline reported that there is no additional accommodation space available in the complex where we have our booked condo (no other unit)
- Team size of 7 athletes and 3 support staff will be chosen

2) Discussion on whether juvenile 1 aged athletes should be considered for a spot on nationals team

- email discussion from an HP committee member had outlined concerns that younger athletes have done too much travelling this season and suggestion had been made not to consider juvenile 1 athletes for nationals
- points raised by group included: we had discussed limiting travel of midgets to out of province competitions; we had not suggested in our HP document any limitation on juvenile age athletes therefore we cannot create a new rule now
- with the 5 week gap between Easterns and nationals it was suggested that this was adequate time for a young athlete to be ready to travel again
- the CCC competition model for juveniles does support sending that age skier to nationals for experience
- our document does include the concept of "race readiness" which might be a relevant factor for a younger skier
- group agreed that selection committee should not be directed to avoid selecting juvenile 1 age skiers
- for future discussion and consideration: should juvenile 1 skiers be eligible for either Easterns or Westerns but not both? (depends on schedule) Should we add a clause that requires athletes to discuss with their coach prior to submitting an expression of interest for nationals? If so these would need to be in our HP document next fall. Group supported the suggestion that CCSAM should give feedback to CCC to request that Easterns and Westerns be better spaced out during the season ACTION ITEM

3) Discussion on whether selection committee should be attempting to select females for female representation

- our HP document currently does not suggest quotas of females
- current selection is on the basis of performance

4) Waxing at nationals:

- we need to include Jesse Bachinsky and his guide in our numbers for waxing
- Levi W will be getting waxing done by Lakehead

- we will have 8 team members for waxing
- Due to the accommodation size limiting the team size, it was requested that we make waxing support available to 2 additional skiers for a maximum of 10 skiers
- ACTION: Selection committee will be asked to name 2 alternates. If those athletes travel on their own to Canmore then they will be offered wax support.

5) Funding NDC athletes

- our current HP document outlines the offer of support for NDC athletes but does not give details
- It was suggested that we need to broaden the scope of support offered, as athletes may be training and performing at a high level but not be on a NDC
- It was recognized that our HP document is clear that university athletes living out of province can apply to travel with the HP team provided they retain affiliation with a registered CCSAM club
- the 2 Manitoba athletes currently on NDC Thunder Bay have to fund their own trip to nationals. Discussion occurred around offering them financial support. One athlete has already received some support from CCSAM for financing World Juniors team trip.
- ACTION: NDC athletes will be offered \$1000 each this season to support their travel to nationals.
- ACTION: HP committee needs to more clearly define funding parameters for athletes post high school which would include athletes on a NDC, university athletes and athletes training in other capacities
- ACTION: Funding discussion pointed towards the need for the HP committee to meet and deal with the entire HP program budget including Canada Games money. Megan will send a doodle poll to confirm date and time. One suggestion was to meet face to face when committee members are in town for the CCSAM annual awards banquet in April

ACTION ITEMS:

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FEB 2016	Add Communication Process to HP doc (questions/concerns from members)	KARIN	NO	
APR 2016	Various edits to TOR – year, voting, parent rep, terms	KARIN	NO	
APR 2016	Check on past results for medal bonus confirmation	CONOR	YES	Conor report to Karin. List of athletes eligible for medal bonuses since 20xx

MAY 2016	Consider how best to utilize Team MB funding	HPC	NO	ongoing
OCT 2016	Edit HP doc – Midgets may apply however we recognize the LTAD recommendation that Midget athletes travel to only 1 HP trip per season	KARIN	YES	
OCT 2016	Edit 2016-17 Race Age Categories – Boys/Girls now identical	KARIN	YES	
OCT 2016	Make % BW document PUBLIC	PAULINE & KARIN	YES	
OCT 2016	EOI for On Snow Camp	KARIN	YES	
OCT 2016	EOIs for Support team - HPP team trips	KARIN	YES	
OCT 2016	Final draft of HPP doc 2016-17	KARIN	YES	
OCT 2016	Email notice to community re: ON Cup Lappe race	KARIN	YES	

High Performance Committee meeting
 Tue May 16, 2016
 19:00 Sport For Life Centre

Present: Karin McSherry (minutes), Megan Carter, Pauline Nadlersmith, teleconference: Conor McGovern, Steven Wiebe, Tamara Howard, Lorne Warkentine, Steve Scoles
 Regrets: Richard Huybers, Betsy Lockhart

1. Points system discussion – Pros & Cons
 - **ACTION:** Steve Scoles & Megan to “crunch some numbers” and present findings at next meeting.

2. Strength & Conditioning funding model
 - MUCH discussion on how best to use the Team Manitoba funding provided by Sport MB. Not just S&C but for the whole program.
 - Considering how to best utilize the Sport MB resources for our overall Team Manitoba program.

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FEB 2016	Review Yukon’s point system for ranking/seeding athletes	PAULINE & CONOR		
FEB 2016	Add Communication Process to HP doc (questions/concerns from members)	KARIN		
APR 2016	Various edits to TOR – year, voting, parent rep, terms	KARIN		
APR 2016	Check on past results for medal	CONOR		Conor report to Karin. List of

	bonus confirmation			athletes eligible for medal bonuses since 20??
MAY 2016	MB Points system number crunching	CONOR, STEVE S & MEGAN		

Next meeting: TBD

Adjourned 21:00

High Performance Committee meeting
 Thu Oct 6, 2016
 19:00 Sport For Life Centre

Present: Karin McSherry (minutes), Megan Carter, Conor McGovern. Teleconference: Pauline Nadlersmith
 Tamara Howard, Betsy Lockhart.

Regrets: Richard Huybers, Steven Wiebe, Lorne Warkentine

1. Review Sep minutes
2. Age category discussion
 - Juvenile Boy – 2 year category as per Nationals tech package
 - **ACTION:** make Girls & Boys age categories the same
3. On Snow Camp
 - Nov 20 – 28, 2016 – Canmore
 - Up to 7 athletes, need 3 support
 - Open to Juvenile and up, 5 spots selected based on previous season results, up to 2 discretionary
 - Expression of Interest – include why do you want to go & what are your goals (pick 3)
 - **ACTION:** Karin to send email to HP community immediately. Selection Committee to meet asap.
4. % Behind Winner spreadsheet
 - **ACTION:** Make public with explanatory notes where appropriate
5. High Performance Trips Selection Criteria
 - Westerns – Whistler – up to 10, 3 support
 - Easterns – Gatineau – up to 13, 5 support
 - Nationals – Canmore
 - MB Selection races: MB Cups – Windsor Park, Kenora Skiathlon, HP TT. Not Pinawa
 - **ACTION:** Karin prepare EOI for trips
 - **ACTION:** Karin draft 2016-17 HP document – send to HPC for review prior to publication
6. HP Day camps
 - Dec 17th, possibly Windsor Park or Falcon
 - Jan 7th – HP TT plus technique or seminar
7. Ontario Cup Lappe Dec 28-30
 - **ACTION:** Notice to go out ASAP to encourage HP community to attend race with their respective clubs

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DEC 2015	Jamie will take over crest distribution and receive payments. Pauline to order 120.	PAULINE	YES	Pauline has ordered the crests.
DEC 2015	Pauline & Karin to work on % behind winner spreadsheet. (Google drive link) asap.	PAULINE & KARIN	YES	Spreadsheet complete. Will be made public with explanatory notes where appropriate.
FEB 2016	Review Yukon's point system for ranking/seeding athletes	PAULINE & CONOR	YES	
FEB 2016	Add Communication Process to HP doc (questions/concerns from members)	KARIN	NO	
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OCT 2016	Final draft of HPP doc 2016-17	KARIN		
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Added agenda items:

Solicitation of input from the group for Megan to bring to CCC High Performance consultation group.
Conference call forthcoming, Megan is Manitoba rep.

Next meeting: November. Doodle poll to be sent out.

Adjourned 20:20

High Performance Committee meeting
 Thu Sep 22, 2016
 19:30 Sport For Life Centre

Present: Karin McSherry (minutes), Megan Carter, Conor McGovern. Teleconference: Pauline Nadlersmith
 Tamara Howard, Betsy Lockhart, Lorne Warkentine.
 Regrets: Richard Huybers, Steven Wiebe.

1. Review May minutes
2. Fall camp discussion
 - Betsy, Lorne to forward names of athletes to attend RRN camp Oct 1/2
 - Oct 15 – day camp – Birds Hill Park – Betsy & Megan – Confirmed
 - Nov 12 – day camp – Kenora – TBC
3. On Snow Camp discussion
 - Nov 20 – 28, 2016 – Canmore
 - Up to 7 athletes, need 3 support
 - Open to Juvenile and up, 5 spots selected based on previous season results, up to 2 discretionary
 - **ACTION: Karin to send email to HP community immediately. Selection Committee to meet asap.**
4. Select 2016-2017 HP Team Trips
 - Easterns – Gatineau – up to 12, 3-5 support ?
 - Westerns – Whistler – up to 7, 2-3 support ?
 - Nationals – Canmore – up to 10, 3-4 support ?
 - **ACTION: Karin EOI for trips, tighten up Juvenile definition**

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DEC 2015	Pauline & Karin to work on % behind winner spreadsheet. Will make public (Google drive link) asap.	PAULINE & KARIN	NO	Need to determine process/rationale for publication. Might be replaced with new point system?
FEB 2016	Review Yukon's point system for	PAULINE & CONOR		

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FEB 2016	Add Communication Process to HP doc (questions/concerns from members)	KARIN		
APR 2016	Various edits to TOR – year, voting, parent rep, terms	KARIN		
APR 2016	Check on past results for medal bonus confirmation	CONOR	NO	Conor report to Karin. List of athletes eligible for medal bonuses since 20xx
MAY 2016	MB Points system number crunching	CONOR, STEVE S & MEGAN	YES	Conor presented the system at Sep mtg
MAY 2016	Consider how best to utilize Team MB funding	HPC	NO	

Next meeting: October 6, 2016 7:00 PM

Adjourned 21:30