

CLUB LEADERS ZOOM MEETING NOTES

SEPTEMBER 21, 2020

8:00 – 9:00 PM

1. COVID-19 – Insurance changes

- a. Nordiq Canada (NC) CGL (Commercial General Liability) policy now has an infectious disease exclusion (see 2.1 of Informed Consent and Assumption of Risk).
- b. As with the other noted exclusions (assumed risks associated with participating in club activities) such as slip & fall injuries, extreme weather conditions, strenuous cardiovascular workouts etc. all parties (club members) agree to not hold responsible the Club, CCSAM or NC for injury, expense or loss of income suffered during participation in sanctioned club activities.
- c. The Informed Consent and Assumption of Risk Agreement has been updated as of July 2020. You can download it from <https://www.ccsam.ca/about-us/insurance/> or <https://nordiqcanada.ca/document-centre/>
- d. The revised agreement has been integrated into Zone4.
- e. We are waiting for the Insurance Manual to be updated.

2. Return to Sport Protocol

- a. Draft copies of Return to Sport and COVID-19 SDP Implementation Guidelines distributed. Working on Return to Training, Return to Competition and a Facilities document. Please contact Karin for a copy of any of these documents.
- b. Please provide feedback on any of these documents – before October 5th if possible (next CCSAM Board meeting). These documents will change over time so feedback will always be welcome.

3. Events

- a. Manitoba Health is not recommending sporting events (at this time) but they are not banned.
- b. Safely managed events can be scheduled provided ALL PROVINCIAL HEALTH GUIDELINES ARE FOLLOWED and COVID-19 protocols specific to each event are developed and strictly followed.
- c. Provincial health guidelines/restrictions will change as the pandemic evolves and organizers must be willing and able to adapt immediately (consider sudden change in travel restrictions within or outside MB borders, limits or outright bans on indoor/outdoor gatherings etc.)
- d. CCSAM sanctioned events schedule is still in “draft” mode.
https://docs.google.com/spreadsheets/d/1t_BfhWtQqJtnC4AbvYrT4njNs7UneaxA-JlIYIem6l0/edit?usp=sharing

- e. Each club/organizer is responsible for managing their scheduled event(s) and some, understandably, may not be comfortable hosting an event during this pandemic. Once we have our COVID-19 protocols approved (including separate guiding documents related to competitions and facility use) clubs/organizers will be better able to decide whether or not to go ahead with their sanctioned event.
 - i. Any club/organizer already decided they will NOT host a sanctioned event currently listed in our draft 2020-2021 schedule, please email Karin info@ccsam.ca to have the event removed now.
- f. 2020 Swap Shop is officially cancelled. Kevin Miller developing idea for a virtual swap shop to provide some leadership from CCSAM to enable online buy/sell of equipment. Hope to have an update on this first week of October.

4. Venues

- a. Venue operators please email Kevin k.a.miller@mymts.net to have your Where to Ski venue page edited with current information
- b. As mentioned, a guiding document for facility use during COVID-19 is under development.
- c. Kevin contacted Joanne Podolchuk of Birds Hill Park for an update on status of grooming and huts this winter. No changes expected, all trails will be groomed as usual, washroom building by stable will be open and huts will have COVID-19 signs explaining physical distancing and their use will be first-come-first-serve.

5. Questions (Chat)

- a. *Are coaching workshops happening this year?*
 - i. Yes. With modifications, of course. All online (e.g. Intro to Community Coaching) components are unchanged. On snow (e.g. Community Coaching, Learn to Train On Snow) workshops can happen provided indoor spaces are safe for all. Our Learning Facilitators – Kenton (CC) and Megan (L2T) – are available for booking. Kenton is working with Kenora on a CC workshop there this season. A Winnipeg CC workshop and L2T Dryland workshop will be scheduled soon. Please contact Karin with your local coaching workshop needs.
- b. *We have trails on private land and we put the land description into Zone4, is that still the same process?*
 - i. Yes and no. Karin maintains a list of land owners to be included as “additional insureds” in our liability policy. These names and mailing addresses are provided by the club. You may be able to add these in Zone4 but Nordiq Canada asks for an update each year.
 - ii. So, please refer to this Google Doc <https://docs.google.com/spreadsheets/d/1OWRpaeBawGq9GwG2xMsOTI0cryG39sllG1wUvEpKwTg/edit?usp=sharing> and contact Karin info@ccsam.ca with any changes (additions, deletions, address changes).
- c. *Are there recommendations regarding warming huts?*



- i. No concrete recommendations at this time. Watch for our guiding document regarding facilities.
 - ii. Michael contacted colleagues in Parks about Snoman and ski trail warm up shacks. They plan to post appropriate signage <https://sharedhealthmb.ca/covid19/providers/posters/> and it's up to users to determine if it is safe to enter the shack.
 - iii. Michael provided (post meeting) the following calculation to determine indoor space capacity:
 1. If each person has a 1m radius around them this would create the 2m spacing required between people as requested by MB Health. A 1m radius results in a circle of 3.14m² space required. Example: If your warm up shelter is 16' by 20' (5.3m by 6.7m) this results in an area of 320 sq ft (or 35.51 m²). With a space occupancy of 3.14 m² per person this would result in a maximum occupancy of 11.3 people (35.51m² / 3.14m² = 11.3).
 - iv. You could post a sign indicating building capacity. You could mark the locations on the floor where people can stand
- d. *With Jackrabbits at Windsor Park any thoughts with keeping kids warm and access to warming up?*
- i. A Windsor Park specific COVID-19 protocol is under development. We need to figure out how to manage use of the clubhouse. It will not be the same as usual. Consider shortening Jackrabbit sessions so young children are not outside for too long as access to clubhouse cannot be guaranteed.
- e. *Does anyone have thoughts on ski boots rentals, should that not happen?*
- i. Thoughts include sanitizing boots with a chlorine based spray solution, using a boot drying system, having renters sanitize their hands before/after handling boots (and any rental equipment equipment), following protocols used by bowling lanes.
 - ii. https://www.saminfo.com/images/COVID-19/Best_Practise_Flyer.pdf
 - iii. <https://www.climbingbusinessjournal.com/rental-shoe-love/>
 - iv. <https://www.reichmann-skiservice.com/en/rent-depot/products/disinfection-unit>
- f. *I have a question about one of the statements in the document. "Requirement for participation in training and programming... No symptoms of covid19 in the past 14 days." That seems a bit extreme to me...*
- i. Appears to be a standard statement regarding symptoms and group participation but will look into clarifying this wording in our Return to Sport protocol. Gym facility protocols may be helpful here. Sue Hill to connect with

Karin regarding this.

- g. *Did Joanne Podolchuk share any documentation about MB Parks protocols?*
 - i. No documentation. Follow Manitoba Health Guidelines. Signage will be posted to remind the public to do so. Michael offered to reach out to others in Parks and share any documentation he might find.
 - ii. Kevin shared this link to COVID-19 information for MB Parks visitors:
<https://www.gov.mb.ca/sd/parks/covid.html>

- h. *Thoughts/strategies on Bunnyrabbit program, both in terms of limiting numbers of kids and should parents be involved to limit/prevent close contact with coaches (this age group fall down a lot and need to be picked up often)*
 - i. Most responded their Bunny program relies on/requires one-on-one parent involvement up to a certain age. Parents do not have to be competent skiers, in fact, skis may not be necessary in order to assist their children with program participation.
 - ii. In any case, knowing a 2m distance cannot be maintained then mask use is mandatory.
 - iii. Steven shared this link for Buff adult face masks with surgical standard single use filters: <https://www.buff.com/ca/all/adults.html?form=4687,4814>
 - iv. Consider outside warming fires with wind breaks for when chalet fills up.

- i. *What about car pooling?*
 - i. People car pooling outside of close contacts should be masked. This is not something we can require or enforce. Everyone is responsible to follow health guidelines and do all that is recommended to reduce the spread of disease.

- j. *Should we have common covid signage or could it be too different for every club?*
 - i. We can look into bulk purchase of common signage.

- k. *What are other clubs doing for fundraising? We usually do a bud spud but am not comfortable having that this year...wondering if anyone has ideas for safe options?*
 - i. Pumpkin Creek sells maple syrup.
 - ii. Some other sports clubs are simply emailing their members/contact list and asking for donations.
 - iii. Fundraising section on our website here (scroll to bottom):
<https://www.ccsam.ca/clubs-membership-2/club-registration-and-info/sport-recreation-funding-resources/>

- l. *Could we have a separate mtg for Windsor Park clubs to coordinate plans?*
 - i. Yes, good idea.

- m. *Before we finish, could you lay out all the next steps of what we can expect from CCSAM?*
 - i. Distribute and publish Return to Sport Protocol and accompanying documents (SDP guidelines, Return to Training, Return to Competition, Facility



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guidelines) once finalized and approved by both Board and Sport Manitoba. Will consult with clubs before submitting final documents for approval.

- ii. Finalize 2020-2021 Events Calendar.
 - iii. Continue with regular (monthly?) Zoom meetings with clubs. Each club will need to create their own protocol particular to their programs/activities. We will help each other with this.
 - iv. Create a Windsor Park Nordic Centre specific COVID-19 protocols in collaboration with CANSI and Winnipeg clubs using WPNC (will schedule a Zoom meeting with these clubs in near future).
- n. *Are there any timelines for approval (Return to Sport) from Sport Manitoba? Our club dryland training typically starts right after Thanksgiving.*
- i. Anticipate a short turn around once submitted – within a week?
 - ii. Message from Sport MB is winter sports do not need to submit a Return to Sport before resuming off season training. Dryland training can continue (strictly following all provincial health guidelines, of course).
 - iii. We expect our Return to Sport protocols will be ready for submitting to Sport Manitoba in early October, well before the snow.

Thank you everyone for attending our first club leaders meeting! I thought it was great. We covered a lot in 53 minutes! I'm looking forward to our next meeting after CCSAM AGM on Saturday October 24th. Watch your inbox and/or website for AGM notice.

If anyone feels we should meet again before Oct 24th PLEASE let me know.

Take care and stay safe!

Karin