### CCSAM PROVINCIAL DEVELOPMENT PROGRAM 2018 – 2019

**TEAM TRIP**

**ATHLETE EXPRESSION OF INTEREST (EOI)**

Name:

Address:

City:       Prov:       Postal Code:      

Home phone:       Mobile phone:

Email address (separate multiple addresses with commas):

Year of Birth:       Race category:

Coach name:

Please submit ONE form for EACH trip:

**TEAM TRIP** (select ONE):

**Early Snow Camp** – Silver Star, Vernon, BC December 2 – 11, 2018. EOI & AR **due Oct 1, 2018**

**Ontario Cup** – Lappe Nordic, Thunder Bay, ON January 4 – 6, 2019. EOI & AR **due Dec 16, 2018**

**Eastern Canadian Championships** – Highlands Nordic, Duntroon, ON January 30 – February 3, 2019. EOI & AR **due Jan 12, 2019**

**National Championships** – Nakkertok, Gatineau, ON March 10 – 21, 2019. EOI & AR **due Feb 11, 2019**

**ATHLETES**: You MUST have a pre-season discussion with your coach(es), and parent(s) if you are under 18, regarding your race/training goals and your competition plan for this season BEFORE submitting Trip EOIs.

**Explain WHY you are interested in the above camp/competition**:

Tell us your **RACE** **or TRAINING GOALS** for the above camp/competition. What do you hope to achieve from this experience:



Tell us your **OVERALL GOALS** for the **2018-2019** season:



Please submit this EOI and your Athlete Record (AR) by the DUE DATE to: [info@ccsam.ca](mailto:info@ccsam.ca)