



## Manitoba Cup Race #4- The Birch Classic

### Manitoba Games Qualifier for Central and Westman Regions for the Manitoba Winter Games

Sunday January 19th

Hosted by [Birch Mountain Sports](http://www.birchmountainsports.com) in the Birch Ski Area

#### Contacts

- |                         |                   |  |
|-------------------------|-------------------|--|
| • Chief of Competition  | Mike DePauw       | <a href="mailto:rmdepauw@mymts.net">rmdepauw@mymts.net</a> |
| • Chief of Course       | Victor Chappellaz | <a href="mailto:nicovic@mts.net">nicovic@mts.net</a>       |
| • Competition Secretary | Sue Davidson      | <a href="mailto:peas4@mymts.net">peas4@mymts.net</a>       |

#### Location: Birch Ski Area

For a **map of the ski trails** including the **topography** click on the link below.

[http://www.birchmountainsports.com/interactive\\_map.html](http://www.birchmountainsports.com/interactive_map.html)

#### Driving Directions: How to get to Birch Ski Area

<http://www.birchmountainsports.com/directions.html>

#### Schedule of Events

• Monday January 14 <sup>th</sup> 2014	Registration Opens on Zone 4
• Thursday, January 16 <sup>th</sup> 2014 @ Midnight	Registration Deadline on Zone 4
• Sunday January 19 <sup>th</sup> @ 12 noon	Interval Starts – Classic technique

#### Registration Deadline

Registration is to be completed only through Zone 4 at <http://www.zone4.ca>. The deadline for registration is Thursday January 16<sup>th</sup>, 2014 at midnight. **NO LATE REGISTRATIONS WILL BE ACCEPTED.**

*Entry Fees	Register on Zone 4 by January 16 <sup>th</sup> , 2014
Juvenile, Junior, Senior, Masters	\$20
Pee Wee and Midgets (no license required)	\$15

Trail Fees are included in the registration fees for race days as well as the official training day. We encourage families to explore the beautiful trail system at Birch Ski Area. A \$5 trail fee is required for all non-racing skiers.

## Event Categories and Distances

Category	Year of Birth (YOB) Female	Year of Birth (YOB) Male
Atom	2005 – 2007 (6 to 8 years old)	2005 – 2007 (6 to 8 years old)
Pee Wee	2004 (PG1); 2003 (PG2); 2002 (PG3)	2004 (PB1); 2004 (PB2); 2002 (PB3); 2001 (PB4)
Midget	2001 (MG1); 2000 (MG2)	2000 (MB1); 1999 (MB2)
Juvenile	1999 (JVG1); 1998 (JVG2)	1998 (JVB1)
Junior Girl/Boy	1997 (JG1); 1996 (JG2)	1997 (JB1); 1996 (JB2)
Junior Female/Male	1995 (JF1); 1994 (JF2)	1995 (JM1); 1994 (JM2)
Senior	1993 – 1984 (U23: 1993-1991)	1993 – 1984 (U23: 1993-1991)
Master 1	1979 – 1983	1979 – 1983
Master 2	1974 – 1978	1974 – 1978
Master 3	1969 – 1973	1969 – 1973
Master 4	1964 – 1968	1964 – 1968
Master 5	1959 – 1963	1959 – 1963
Master 6	1954 – 1958	1954 – 1958
Master 7	1949 – 1953	1949 – 1953
Master 8	1944 – 1948	1944 – 1948
Master 9	1943 and earlier	1943 and earlier

\*Atom skiers may race in the Pee Wee categories with the careful recommendation of their club coaches.

Sunday January 19 <sup>th</sup> , 2013 Classic Distance – Interval Starts		Categories for Manitoba Games Eligible Athletes
Category	Distance (km)	
*Pee Wee Boys	2.5	Boys aged 11-12(2002-2001) ONLY
*Pee Wee Girls	2.5	Peewee girls aged 11(2002) ONLY
Midget Boys	5	Boys aged 13-14(1999-2000)
Midget Girls	5	Midget girls aged 12-13(2000-2001)
Juvenile Boys	7.5	Juvenile Boys aged 15(1998)

Juvenile Girls	7.5	Juvenile girls aged 14-15 (1998-1999)
Junior Boys	10	
Junior Girls	10	
Junior Men	10	
Junior Women	10	
Senior Men (U23)	10	
Senior Women (U23)	10	
Masters Men	10	
Masters Women	10	
Masters Men	15	
Masters Women	15	

. Subject to change due to conditions.

### **Central and Westman Regional qualifiers for Manitoba Games**

Age groups stated above apply for MB games athletes. Skiers may participate in the MB cup standings as well as the qualifier at the same time. No additional charge is applied for Games participants. Please indicate on Zone 4 that you wish to qualify for the Central or Westman regions for the winter games during the registration process. Minimum age is 10 on December 31,2013

### **Facilities**

Birch Ski Area has 25 km of trails accommodating both classic and skate skiers. All trails have significant climbs, descents, and flats. There is a clubhouse with a canteen, a seating area, and bathrooms. Change rooms and waxing facilities will be available on site. Bathroom facilities will be on site. The parking lot has the capacity for 100 vehicles.

### **First Aid**

First Aid will be available on site courtesy of the Canadian Ski Patrol. Medical Facilities are available in Carman and Morden, MB.